

Presents . . .



A three-part workshop that focuses on the Active Parenting Method which emphasizes open communication and how to raise confident, cooperative children.

Topics include:

- **how to discipline your child without violence;**
- **how to prevent tantrums**
- **how to childproof your home**
- **how to care for yourself during the stressful toddler years**

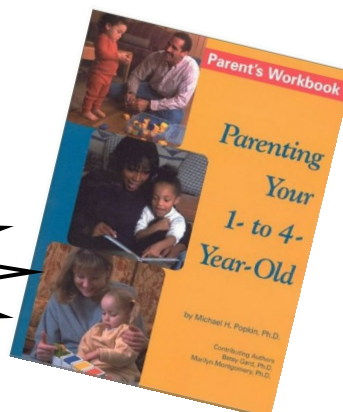
Wednesdays: February 6, 13 and 20, 2013

6 – 8 P.M.

**Early Childhood Building
383 Sherwood Drive, Montpelier**

****Cost: \$15 for one or \$25 a couple****

All participants receive the book,
Parenting Your 1- to 4-Year-Old
by Michael H. Popkin, Ph.D.



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- **CENTRAL VERMONT BUILDING BRIGHT FUTURES**
- **CHILDREN'S TRUST FUND**
- **GREEN MOUNTAIN UNITED WAY**
- **PIRC VERMONT**

Call Christopher Robertson at the Family Center: 262-3292, Ext. 115 for more information or to register and reserve child care.

****Class size is limited to 25 people. Advance registration is required.***